



# Keith Valley Breakfast March 2020

Middle School breakfast is \$1.35

“This institution is an equal opportunity provider. Menus are subject to change”

## Monday March

2, 9, 16, 23, 30

Bacon, Egg and  
Cheese  
on a Bagel

100% Fruit Juice  
Choice of Milk

## Tuesday March

3, 10, 17, 24, 31

Sausage and Egg  
on a  
Croissant

100% Fruit Juice  
Choice of Milk

## Wednesday March

4, 11, 18, 25

Ham, Egg and  
Cheese on a  
English Muffin

100% Fruit Juice  
Choice of Milk

## Thursday March

5, 12, 19, 26

Bacon, Egg  
and Cheese  
on a  
Croissant

100% Fruit Juice  
Choice of Milk

## Friday March

6, 13, 20, 27

Sausage, Egg and  
Cheese  
on a Bagel

100% Fruit Juice  
Choice of Milk

## First things First

To make a breakfast,  
choose at  
least one



and at  
least  
three  
items  
total

## Additional Items Available Daily for Breakfast :

**Bowl Pack Cereal** (Flavors may include: Lucky Charms, Golden Grahams, Cinnamon Toast Crunch)

**Cereal Bars** (Flavors may include: Cinnamon Toast Crunch, Golden Grahams, Trix, Cocoa Puffs)

### Whole Grain Cinnamon Rolls

**Whole Grain Pop Tarts** (Flavors may include: Strawberry, Cinnamon Sugar, Fudge)

**WG Mini-Pancakes** (Flavors may include: Blueberry and Maple)

**WG Donut Holes**– Regular, French Toast or Pancake

**WG Ultra Bread**– Zucchini, Banana or Pumpkin

**Yogurt Cup** (Flavors may include: Strawberry, Strawberry Banana, Raspberry and Vanilla)

**Whole Grain Muffins** (Flavors may include: Apple Cinnamon, Banana, Blueberry, Chocolate Chip)

**Readi-Bake Breakfast Bars** (Flavors may include: Chocolate Chunk, Apple Blueberry, French Toast, Oatmeal Chocolate Chip, Apple Cinnamon)

**Whole Grain Mini- Donuts** (Flavors may include: Chocolate and Powdered Sugar)

**100% Fruit Juice:** Apple, Orange or Grape

**Fresh Fruit Basket w/ Apples,**

**Oranges and Bananas**

**Milk Offerings Include:**

1% White, Fat Free

Chocolate, Fat Free Strawberry, and Lactaid

## Breakfast Kiosk Open Daily in the Lobby

**Whole Grain Pop Tarts** (Flavors may include: Strawberry, Cinnamon Sugar, Fudge)

**Whole Grain Mini- Donuts** (Flavors may include: Chocolate and Powdered Sugar)

**Whole Grain Muffins** (Flavors may include: Apple Cinnamon, Banana, Blueberry, Chocolate Chip)

**Whole Grain Cereal Pouches:** (Flavors may include Cinnamon Toast Crunch, Lucky Charms and Golden Grahams)

**Cereal Bars** (Flavors may include: Cinnamon Toast Crunch, Golden Grahams, Trix, Cocoa Puffs)

### Whole Grain Cinnamon Rolls

**WG Ultra Bread**– Zucchini, Banana or Pumpkin

**Readi-Bake Breakfast Bars** (Flavors may include: Chocolate Chunk, Apple Blueberry, French Toast, Oatmeal Chocolate Chip, Apple Cinnamon)

**Whole Grain Frudels** (Flavors include Cherry and Apple)

### Additional Items available at Kiosk:

**Fresh Fruit**– Apples, Bananas and Oranges

**Milk Choices include:** Low Fat White, Fat Free Chocolate & Strawberry, and Lactaid

## National School Breakfast Week



This month we are  
celebrating National  
School breakfast  
week. **March 2nd to  
March 6th**

We will be testing a  
few new breakfast  
items this week. Come  
visit and check them  
out!