

Symptoms: fever, cough, shortness of breath, body aches, chills, fatigue, new loss of taste or smell, nausea, diarrhea, and vomiting

## 2nd DEGREE CONTACT

Anyone who has spent time with someone who has been exposed to COVID-19.

Not required to quarantine and do not need to be excluded from school or work.

Should continue to follow public health guidelines for masking and physical distancing.

## 1st DEGREE CONTACT

Anyone who has spent more than 15 minutes within 6-feet of someone who has tested positive for COVID-19 during their infectious period.

Close contacts of COVID-19 patients should quarantine:

- 10 days after their exposure OR
- 7 days after their exposure if they can be tested on day five or after and receive a negative test result.

**Person with  
COVID-19**



Montgomery County  
Office of Public Health

