



WHEN TO STAY HOME FROM WORK AND WHEN TO RETURN TO WORK

During the COVID-19 pandemic, we will intensify our health and safety protocols to reduce the spread of COVID-19 in the school environment and the community.

Montgomery County Office of Public Health has a list of updated symptoms, visit the site for a weekly update: <https://www.montcopa.org/DocumentCenter/View/28389/Final-Version-COVID-19-School-Exclusion-Guide-002>

Symptoms may include:

- Fever (100.4 or higher)
Cough
Shortness of breath
Difficulty breathing
- Sore throat
Congestion
Chills
New lack of smell or taste
Muscle pain
Nausea or Vomiting
Headache
Diarrhea

STAY HOME if you:

- **Are taking fever reducing medication.**

Contact the attendance secretary or designated building secretary to report your absence, list any symptoms you may be experiencing and if you have been to the doctor. Notify the school nurse if you:

- become sick with COVID-19 symptoms
- are being tested for COVID-19 and the results of the test
- have had contact with someone who has tested positive for COVID-19 or who is experiencing COVID-19 symptoms
- have been directed to isolate or quarantine and the timeline for your isolation and quarantine

DO NOT return to work without contacting the school nurse for COVID-19 illness. Call the school nurse if you have any questions regarding these guidelines.