

GUIDELINES FOR SENDING STUDENTS TO THE NURSES OFFICE

During this COVID-19 pandemic, School Nurses are asking for your assistance in order to, decrease the number of sick or injured students coming to the nurse's office with non-urgent complaints. Most non-urgent complaints can be handled in the classroom. Please call the school nurse before sending a student to the nurse's office with a complaint that cannot be handled in the classroom. Our goal is to prevent the mixing of healthy student with sick students and minimize the number of students in the nurse's office at one time. Have students pack their belongings and electronics before sending them to the school nurse. This will prevent the ill student from having to return to the classroom.

Classroom Based Services:

Small Cuts, abrasions, hang nail-Clean with soap and water, apply bandaid

Minor Toothache, loose tooth-Rinse mouth in bathroom

Minor bruising-apply cold paper towel

Nosebleed, readily controlled-student can deliver self-care, administer pressure to the bridge of nose and hold with a tissue

Anxiety/stress/crying-try calming, reassuring measure, consult guidance

Eyeglass repair-can wait until student returns home

Itchy eye-cold paper towel

Dry itchy skin-wash with soap and water, cool paper towel

Chapped lips-try Vaseline if available, student can bring chapstick from home and leave in their desk

Nurse office Visit Required:

Symptoms of COVID-19 (fever, chills, cough, shortness of breath, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestions or runny nose, nausea, vomiting or diarrhea)

Scheduled medications or treatments

Any chronic health condition needing care:

Diabetes, Asthma, Anaphylaxis, Seizure, Sickle Cell, Migraines, Suctioning, Tube feedings

Choking, CPR, AED

Severe abdominal pain

Chest Pain, Irregular Heartbeat, Palpitations

Head injury, Confusion, Loss of Consciousness, Fainting

Neck Pain/Back Pain(do not move and call nurse)

Severe Bleeding/Traumatic injury

Seizure (no previous history)-do not move student

Eye Injury

Possible allergic reaction or exposure

Loss of permanent tooth

Limb injury with suspected fracture or sprain

Burns, Lacerations or Dirty wound with swelling and bruising