

# COUNSELOR'S CORNER

## Hatboro-Horsham School District – Elementary Division

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### ***Benefits of doing chores***

- \*Chores provide opportunities to learn about responsibility
- \*Chores help develop self-esteem
- \*Chores teach children to problem solve and how to manage feelings of frustration
- \*Chores requires children to practice delayed gratification
- \*Chores allow children to contribute to their families and homes
- \*Chores help children develop a sense of empathy

### ***Appropriate chores for***

#### ***Ages 5 and 6***

put clothes in hamper, clear table, empty wastebaskets, dust, put toys away, bring in mail or newspaper

#### ***Ages 7 and 8***

sort laundry, set and clear the table, sweep floors, help pack lunch

#### ***Ages 9, 10 and 11***

load dishwasher, put away groceries, vacuum, help cook, put away laundry, care for pets

Offer praise for the effort and accept imperfections.

### **Books about chores**

**The Berenstain Bears and the Trouble With Chores**  
by Stan and Jan Berenstain

<https://www.youtube.com/watch?v=gsYXu2PKxol>

**How Do Dinosaurs Clean Their Room**  
By Jane Yolen

<https://www.youtube.com/watch?v=1g3Lr6scX14>

**Just A Mess**  
By Mercer Mayer

<https://www.youtube.com/watch?v=Jfsmu-8WIZI>

