



# YOUR MENTAL HEALTH MATTERS

## Counselor Information

### Elementary

#### Blair Mill

Chrystyna Fedyna  
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#### Crooked Billet

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#### Hallowell

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#### Simmons

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### Keith Valley

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### High School

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## Merakey Services

Hatboro Horsham School District partners with Merakey, a behavioral health agency, to contract counselors out at the elementary, middle and high school level. These counselors provide school-based services through the Student Assistance Program (SAP), including:

- Group Support
- Individual Support
- Classroom Lessons
- Peer Mediation
- Drug and Alcohol Intervention

For more information about SAP services you can contact Dawn Tucker, dtucker@hhsd.org. For specific concerns or questions about your child, please reach out to your child's school counselor.



## Community Resources

Peer Support and Teent@lklines - serves adults and teens in Montgomery County by providing encouragement and hope during times they are needed most.

For Teens - Call 866.825.5856 Text 215.703.8411

For Adults - Call 855.715.8255 Text:267.225.7785

Montgomery County Mobile Crisis - provides immediate support for crisis situations, and assistance with managing recurring or future crises. Support is available 24 hours a day, 7 days a week at 1-855-634-HOPE (4673). This a free service available to anyone living in Montgomery County

National Suicide Prevention Hotline - 1-800-273-TALK (8255) (español: 1-888-628-9454)

Laurel House - Domestic violence agency in Montgomery County. Avocates are available 24/7 at 1-800-642-3150

Your Way Home - If you are experiencing homelessness contact the call center at 2-1-1

LGBT National Youth Helpline - 800-246-7743 - Free peer support serving for LGBTQ youth under age 25

Crisis Text Line - Text PA to 741-741

## Safe 2 Say

Anonymously report safety concerns and tips to help prevent violence and tragedies.

Ways to report:

- Online - <https://www.safe2saypa.org/>
- Phone - 1-844-SAFE2SAY (1-844-723-2729)
- App - Search Safe2Say Something PA in the Apple App Store or Google Play



For more information about Safe2Say, visit [www.safe2saypa.org](http://www.safe2saypa.org)